

Resources from the SEL and School Climate Collaborative

- From the CEA
 - Resource Center: <http://www.cea.org/2020-coronavirus/>
- From CCSU
 - The 2020 conference theme was: Social and Emotional Learning: CENTRAL To You
 - Continuing the theme by providing an opportunity to engage in critical conversations focused on understanding “where we go from here.”
 - Conversations are being streamed through the Ana Grace Project Facebook Live every Monday night at 9PM. All are welcome.
 - Will be on Facebook Live with the Ana Grace Project tomorrow 4/22 talking about “Quarantening with Teens” at 8:30 pm.
 - Has a series of webinars about supporting students
 - <https://www.schoolcounselors4mtss.com/> has brief webinars and infographics on the following topics: MTSS and virtual learning, MTSS and crisis response, MTSS and addressing grief, MTSS and reintegration post pandemic
 - Recommendations:
 - A need for teachers from this year to gather with current students to spend some time together before a new school year begins
 - We need to consider universal mental health screening to identify students who have the greatest need to get support.
 - Some schools have been doing this pre-COVID.
 - Using it now to identify those most at risk and utilizing it during the re-entry process could help us get to the students who need us most as quickly as possible.
 - Peg Donohue is happy to engage in discussions about Universal Screening! peg.donohue@ccsu.edu.
- From CAS
 - Holding supportive meetings for admin
 - Providing resources
 - <http://cas.casciac.org/?p=17755>
- From the Office of the Child Advocate
 - Crisis driven, dealing with advocacy and oversight
 - Concerned about students getting back to school, which is going to be shocking
 - Thinking about DCFs moving forward
- From Robin Fox and Social Eyes
 - “Online Social Emotional Learning Groups are so needed right now to help kids learn strategies to cope, manage difficult emotions, and connect playfully with each other. I am happy to share strategies and lesson plans for moving a social emotional group online including mindfulness scripts and exercises, therapeutic, connecting,

playful improvisation exercises, cognitive awareness tools, and conversation circle starters. email me at robin@social-eyes.org"

- <https://www.social-eyes.org/groups/>
- From Tim Marshall at DCF and Suicide Advisory Board
 - Working to maintain behavioral health services throughout the state, specifically mobile crisis
 - Still going face-to-face in most serious situations
 - Just released the "talk-it-out" line, which is targeted towards parents working from home: can reach it at 1-833-528-5011 or talkitoutct.com
- From Janet Robinson
 - AASA: active in terms of the SEL cohort
 - Webinars for school leaders
 - A real concern everywhere about the trauma that some students are currently dealing with
 - AASA SEL cohort is conducting a webinar April 28 at 2:00 focused on trauma for students during the covid 19 crisis
 - AASA.org then to webinar schedule on website.
- From the Yale Center for Emotional Intelligence
 - Please visit the COVID-19 page from the Yale Center for Emotional Intelligence for materials and webinars: www.Rulerapproach.org.
 - If you see a need that hasn't been met, please communicate with the Yale Center for Emotional Intelligence
 - At: jennifer.a.allen@yale.edu
- From Maria Morelli-Wolf and Greater Hartford Legal Aid
 - Legal services has a wealth of COVID information available (legal and community resources) at www.ctlawhelp.org.
 - Greater Hartford Legal Aid has a call in line for easier access at this time: 860-541-5070.
 - CLS has an education specific hotline: (860) 786-6363.
 - On a more personal level, Copper Beech Institute's 12:30 meditation livestreams provide a restorative midday break.
- From Eileen Melody and the Connecticut School Counselor Association
 - Very active during this time, hosting virtual meetings with school counselors
 - Initially done to help counselors determine and understand platforms
 - Crash course in telehealth
 - On-going circle of support for seniors
 - Working with ACT, working on changing workforce needs-- getting some specific CT data
 - Dr. Donohue is working with counselors on crisis response
 - For students who are the most disengaged, counselors reaching out to families
 - Rolling out groups for students to connect
- From Kathryn Meyer

- Please be sure to check out the Center of Children's Advocacy website for important COVID resources- www.cca-ct.org.
- Information synthesized and shared by our Medical-Legal Partnership Project, which includes valuable details about health, housing, benefits, and education for children and families.
- Recommendations
 - We also need to ensure that parents in challenged districts have a central hub for contact.
 - Many of our clients have trouble with technology, even if they have access to it, and many don't speak English.
 - Every district should have a parent hotline for tech issues, and for those who are having trouble reaching staff at their own schools.